

The Bell Island Community Policing Newsletter

**The Royal Canadian Mounted Police
Avalon East District - Bell Island Detachment
Executive Editor: Cherie Bennett**

February 2005

From the Corporal's Desk

Welcome Spring! Yes Spring isn't far away even though people have been spreading nasty rumours about sea ice and our eventual but temporary surrounding of ice pans. Who cares really because when you're hot you need cooling off and we Bell Islanders are hot.

What's he getting on with now you ask well I'll tell you. By the time this paper is circulated we will have had the Honourable Minister for our district Diane WHALEN and her assistant visit the Island in February spearheading economic and developmental interests here on the Island. We will have had the Honourable Minister of Tourism Paul SHELLEY and his assistant visiting the Island and welcoming local interests in open meetings and setting the groundwork for tourism

on our home soil. We will have had a visit from the new interests in the Trade School who will be open for business soon which is set towards development of new building products and the like. Did you know all this was happening?

There is a tremendous wonderful wicked Come Home Year planned for the summer for four solid week between July 15th to August 15th. Rumours of thousands of Boys and Girls Club Alumni coming home as well as numerous family members who have been away for years abound. In addition each Ex-Bell islander is planning to kidnap or encourage another mainlander to visit the Island this summer....good stuff!

Now we haven't even mentioned the 2.6 Billion other reasons for Bell Islanders and fellow Newfoundlanders and

Labradorians have to be encouraged to smile. I myself have no idea what economic strategy and policy means but when someone gets a cheque for 2.6 billion there is reason to smile. For those of you that have hibernated all winter - Bell Island and the rest of the province is on the move. If you're happy share it...if not go back to bed.

From recent meetings and writings I've read I really believe that the powers to be have set forth to deal with the "**liquid highway**" issues we have here and in other parts of the province. Those communities with "**solid highways**" don't have to continually beg those in power to keep their roads open and neither should we. I believe this message has been delivered, accepted and is being dealt with.

People from outside the Island are developing

business and taking risks in this great community. Check out Verge House the next time you drive by. What a great job being done. When you see other strangers driving around be assured others are looking for business opportunities as well. We are in the middle of the most bustling development area in the province. Conception Bay Centre is more than alive in 2005!

Have you ever noticed the amount of new vehicles and home repairs and renovations on the Island. Someone is more than optimistic. These folks believe in the economy, the community and the future. Good for you.

I hear lots of talk from young people about getting more education and staying in Newfoundland because it is now possible.....good for them for waking up with the right attitude. No one gives you anything for nothing in this world. Go get it yourself you brave souls....your parents had to. You should be proud for thinking this way!.

My grandfather on my mothers side said life is

10% what you see and 90% what you think. Given that this philosophy explains why 5% of the population is always crabby, defeated and negative. It is their choice. Stay away from this crew. The rest of us, the 95% ARE GOING TO HAVE A WICKED SUMMER AND FUTURE BEYOND. Welcome to Spring and welcome to the future....it looks great from the things I see and others are telling me. Believe it!

Submitted by Cpl. Boyd Merrill

Ten Ways to Motivate Your Child

1. Repairing Mistakes

Teach them that mistakes are not 'bad', but they are essential to learning; teach them to repair their mistakes; share your own mistakes with your child. Parents do not have the right to assume the responsibilities of the child, nor do they have the right to take the consequences of the child's acts. These belong to the child.

2. Acknowledge Improvement

Look for, and verbally acknowledge even the smallest improvement. This technique is called 'shaping', and is particularly effective for modifying ingrained behaviours. Use words which convey to the child that they have it in their power to take care of their problem, and not that they must do what you decide.

3. Avoid Pity

Feeling sorry for the child will only encourage them to feel sorry for themselves. Teach courage, show empathy, not sympathy.

4. Avoid Comparisons

Accept each child for who they are and respect individual differences.

5. Avoid using Competition

Teach the value of 'doing' rather than 'out-doing'. Help the child experience how much can be learned by working as a team.

6. Help the Child Feel Valuable

Ask for their advice; have them teach you something;

show them ways that they can be valuable to other people.

7. Treat the Child with Respect

Knock on the bedroom door before entering; avoid discipline in front of friends; acknowledge all of their feelings.

Consequences for behaviours should respect the child's feeling, self-esteem, abilities and stage of development.

8. Share Time with the Child

Plan activities that provide one-to-one focus on the child. Catch them being "good" and enjoy them when they are not misbehaving.

9. Give Unconditional Love

Assure the child that you love them no matter what they do or don't do. Make it clear that you do not require perfection in order to give love.

10. Help the Child be Responsible for their own Encouragement

Teach them that it is their responsibility to keep themselves encouraged. When something makes them feel bad, teach them to say, "No matter what you think of me, I am a worthwhile person". Help them to change their negative words about themselves to positive statements.

R.C.M.P. Fitness & Lifestyle 2005. January, 2005

KIWANIS

March 4th, 5th, 6th is our Curling "FUN" Weekend. If interested please contact Gord Skanes at 488-2579, Gary Gosine at 488-3168 or Boyd Merrill at 727-1861. We are proud of our Club and what we try to do for our community. You might be interested in becoming a member. We meet upstairs at the Wabana Complex every Wednesday night at 7 P.M.

You can help us do lots for our community. Give it some thought. You have a lot to offer as a volunteer.

Gary Gosine, President
Boyd Merrill, Secretary

Submitted by: Cpl. Boyd Merrill

Happy St. Patrick's Day from the Bell Island R.C.M.P.

An Irish Friendship Wish:

May there always be work for your hands to do;
May your purse always hold a coin or two;
May the sun always shine on your windowpane;
May a rainbow be certain to follow each rain;
May the hand of a friend always be near you;
May God fill your heart with gladness to cheer you.

NEW CHILDHOOD IMMUNIZATION PROGRAMS

Pneumococcal Vaccine, Varicella Vaccine, and Meningococcal Vaccine

In January of 2005 the Government of Newfoundland and Labrador added 3 new vaccines to the Provincial Immunization Schedule:

- Pneumococcal Vaccine
- Varicella (Chickenpox) Vaccine
- Meningococcal Vaccine

How will these vaccines protect my child?

Pneumococcal vaccine presents infections from pneumococcal bacteria that can cause meningitis, pneumonia, blood infections and some common ear infections.

Varicella vaccine presents chickenpox and th complications caused by chickenpox including encephalitis (infection of the brain) and pneumonia.

Meningococcal vaccine prevents infections by meningococcal bacteria that can cause bloodstream and brain infections, such as meningitis.

Why have these vaccines been added?

These vaccines are recommended as universal childhood vaccines by the Canadian National Advisory Committee on Immunization. Adding these vaccines to the immunization program protects the health of our

children and their families. Immunization is one of the most important and effective ways to prevent these diseases.

Who gets these vaccines?

Children born on or after January 1, 2005 receive the pneumococcal vaccine. Children who were born before this date can receive the vaccine if they are at high risk of getting the disease.

Children born on or after January 1, 2004, receive the varicella vaccine and the meningococcal vaccine. Varicella vaccine will also be offered to children age 4 - 6 (starting kindergarten) and meningococcal vaccine in grade 4 and grade 9.

Is it safe for my child to have 2 or 3 needles at the same clinic visit?

Yes, it is safe and has been done in other parts of Canada and the USA for many years. Children have no increase in side effects and the vaccines will be just as effective. It is important that children are protected from these diseases as early as possible.

What does this mean for Bell Island?

Children entering kindergarten in September 2005, will be immunized at a “Health Fair” this spring. Parents will be contacted regarding dates and times

For children in grades 4 and 9, consents for the new vaccines will be sent home within the next few weeks.

For additional information:

Please contact the ell Island Community Health Nurses, Lesley Ranson or Tracey Murrin at 488-2072/2700.

On the internet additional information can be accessed at:

www.gov.nf.ca/health/publications/immunization/new_schedule.htm

***BELL ISLAND
FERRY USERS
COMMITTEE***

Minutes of Public Meeting
February 21,2005

MEETING CONVENED
:

The Bell Island Policing Newsletter

The meeting was convened at 7:30 pm.	Vice Chair Gosine presented an overview of ferry related 2005 budget issues and led a discussion of the Committee's position and efforts to achieve:	they had made representation for additional ferry service during for the 2-week special events Come Home Year festivities either through additional trips or an additional vessel.
Quorum present: A quorum of current executive members were present including:		
Chair David Brazil-absent	New ferry construction in 2005 to replace the Hamilton Sound.	4. Mandatory Commuter Ticket
Treasurer Keith Kent	Ferry rate freeze for 2005-(Increase scheduled for April 2005)	All in attendance were supportive of the benefits of having an advanced ticket for commuters including the speeding up of the ferry boarding It was felt the use of the ticket should be expanded through the use of an education program. (Perhaps as well the electronic sign system could be of assistance in getting the message out.) There was a suggestion that those who buy the advance ticket be given a small incentive discount.
Vice Chair Mayor Gary Gosine	Protection of the current ferry schedule (no cuts to trips)	
Secretary Dr. Alexa Laurie		
Member Corporal Boyd Merrill	Funding for dock rehabilitation- (safety deficiencies exist)	
Member Tony Power	Funding to widen ferry line-up lane in Cove in Rock-cut	
Consultant Ed Kent	The Committee executive also re-emphasized its opposition towards any efforts to privatize the service.	
General Public attendees: approximately 12 others attended		It was felt that the Transportation Department should revisit the advance ticket and promote its use as an efficiency measure and cost saving measure. The Committee executive noted its continuing support to have the use of the advance ticket made mandatory given those
1. Agenda The agenda was tabled and Vice-Chairperson Gosine opened the meeting.	Following lengthy discussion all in attendance endorsed the Budget 2005 goals.	
2. Budget 2005 Expectations:	3. Come Home Year: The Executive advised that	

who qualify are receiving a special lower rate, which could be a condition of access to the low rate. Lower pricing is available industry wide in transportation systems for those who buy tickets in advance or in bulk and the ferry service should be no different for commuter rates. Those who do not purchase in advance the discounted commuter ticket should have to pay the regular single rate and there should be no single rate for commuter just the discounted bulk purchase rate.

Commuter issues:

5. Commuter line-up lane

The issue of safety was raised with respect to the Bell Island Commuter line-up and it was felt that in the early morning peak period hours the commuter drivers should be required to use the inside lane. Manager Hammett was to be requested to assess the pros and cons and assess the merits of making a change.

6. Use of Interac and Charge cards

After lengthy discussion it was agreed that the Committee would remain opposed to the use of credit cards and interac to purchase tickets, as it would result in chaos and long delays to board the ferry. **CASH ONLY**

It was felt that the Transportation Department should seek out opportunities to have an ABM machine located in the Terminal waiting room for use by travellers.

7. Commuter rules distribution

It was agreed that the commuter rules should be posted on the Bell Island web site and copies be appended to the next issue of the Community newsletter. Ed Kent noted that the Committee was working with Manager Hammett on a set of guidelines to support the rules both the commuter rules; other rules governing ferry line-ups and access: and to address several oddities etc that had recently emerged.

8. Access to commuter line-up advance arrival time

Commuters have to be at the ferry 15 minutes prior to the scheduled departure. If the ferry is late arriving and departing it does not provide any additional time for commuters to be in the line-up.

9. Vessel availability and refits for 2005

At the request of the Committee, Manager Hammett had advised that the Transportation Department had agreed to use its best efforts to schedule refits for the Flanders and Beaumont Hamel in the Fall, after the peak Come Home Year celebrations and attempt to also schedule the Fogo Ferry refit in the Fall as well ensuring that the Beaumont Hamel would not be withdrawn and deployed to Fogo Island.

10. No ferry strike legislation

The Committee received support in its continuing efforts to have ferry service declared strike free ensuring no repeats of the 2004 travesty caused by the 2004 Marine Workers Strike that hijacked Bell Island's economy and

users. The union would be provided with binding arbitration. Government has just sought the same arrangement from the Federal Government for the Marine Atlantic service.

11. Medical notes priority access to ferry:

Dr. Laurie noted that initiatives were being taken by her Office and the hospital administration in consultation with the Committee and Manager Hammett to review and monitor the use of the system and to continue to ensure that the priority system for medical needs is fair to all users whilst respecting the top priority needs of those requiring mainland medical service. To minimize displacing regular users in the morning peak period line-ups people with medical appointments (where possible) are being scheduled for appointments later in the day.

12. Poor state of terminal rooms:

While the Committee is encouraged that its request for some painting was addressed, the terminal

rooms maintenance in general is disgraceful. The Committee is seeking renewed efforts to have the waiting rooms modernized and better maintained and are seeking the installation of monitoring cameras to discourage the small percentage of users who vandalize the rooms from time to time.

13. Terminal area snow clearing

The lack of any assigned contractor etc to clear snow after storms is not acceptable. It creates lack of access and unsafe conditions and must be addressed.

The Committee is also seeking approval for a small residential type snow blower to be acquired for terminal use.

14. Electronic signs –Operationally

At long last we are pleased to note that the electronic signs are activated and we are confident communications with ferry users will be significantly improved.

15. Captain Glover leaving

service.

The Committee noted that Captain Glover had submitted his resignation. Captain Glover's commitment and efforts in providing a quality ferry service to Bell Island over his 2 separate stints on the service over a 15-year period were noted and the Committee acknowledges his contribution and wishes him well in his new position.

16. Upcoming meetings

ANNUAL GENERAL MEETING:

The annual general meeting and election of officers has being schedule for 730 pm at the Wabana Complex on April 11.

SPECIAL MARCH MEETING OPTION:

If Budget 2005 does not meet expectations on ferry issues the Committee stands ready to call a special meeting in March 2005 to address relevant issues

MEETING ADJOURNED AT 945 PM

***Wabana Boys & Girls Club
“Every Kid Has Potential”***

The club is still looking for VOLUNTEERS who would like to help with our daily programs or even have a new program to offer to our members. If you can volunteer just one hour a week or month, it would be great. It can make a difference in a young child's life to know that others care. If you are interested, drop in to the club or call.

We would like to thank Sears Canada for their kind donation of \$10,000.00 for our After School Program. This money is being used to provide our members with some Healthy and Nutritious Snacks after school. It also provides us with some Teen Mentors to help us with our programs. It is donations like this that help the club offer different programs to our members. The staff and members would like to send congratulations and best wishes to Stan McDonald on his Retirement from NL

Light & Power and his new job position in Calgary. Stan is a big supporter of all organizations on Bell Island, especially the Boys & Girls Club. Best of luck Stan and we look forward to seeing you on the Rock during your holidays. It is people like you that help make a difference in the lives of young people on Bell Island.

As you may already know, this year marks the Boys & Girls Club's 50th Anniversary and we have 10 days of events planned for this summer starting on July 22nd. We are looking for the help of former members who might have some old pictures of club events in the past or present that we can borrow and copy so they can be posted during our events. All pictures will be returned to the owners. Pictures can be dropped off to the club.

One of the Boys & Girls Club's biggest fund raiser for a number of years was our Thursday Night Bingos; when many parents would support the club by attending our weekly bingo at the Legion. Well, since the New Year came in, our

bingos have been losing money due to poor attendance. We need the support of the parents of our members to be able to get our Bingos back to being a success. If the parents considered one night a month, you would be surprised the difference that would make to the profits. If things don't change then we have no other choice but to make changes to the Bingos or even have to call them off. We cannot afford to take a loss to provide 40-45 people with a game of Bingo.

Congratulations go to Boy of the Month (Stephen Cole) & Girl of the Month (Tina Drover) for January. These two young members of our club show great pride in their club by helping out with programs and showing good behaviour during their visits to the club.

On Friday Feb. 11th we held a Talent Show at the club for our members, we had 14 contestants take part and supplied the entertainment for the night. It was a very interesting night that was enjoyed by all and there were prizes

awarded to the winners by members of the RCMP. The winners were 1ST Dylan Boone, 2ND Nicole Neary, & 3RD Donnie Hawco & Bradley Butler. We also crowned our King & Queen on that night and they were Jason Arnold & Sandra Parsons. Our King & Queen for our senior members were picked on Monday night the 14th and they were Ashley & Terry Arnold.

So I would like to remind you; Please support our Bingos, can you be a volunteer, and do you have old pictures of events at the club.

Submitted by Joe Somerton

Early History of Bell Island - Part 6

Early residents of the Island, which is now known as the Iron Isle, had no idea of mineral wealth below the ground. Even the sight of the red rocks outcropping on the surface along the northern part of the Island had no significance for them for they did not know their meaning. There was no settlement on that side of the Island for the farms all

lay along the southern and eastern sides which are better protected from wind and weather. The marshes and wild meadows on the “back of the Island” as it was called, we used as grazing grounds for cattle and sheep. The cliffs are lower there and the animals had a special preference for the grass in the area because of the salt content carried over the cliff by spray when the northeast gales were blowing.

Actually iron ore should have been discovered 50 years before it really was, and would have been but for a combination of circumstances which form a story in themselves. In the year 1839, the government of Newfoundland engaged its first geologist to make a survey of its coastal regions for possible minerals. He was an Englishman named J.B. Jukes, M.A., F.G.S., F.C.P.S.

In a report to Governor Prescott, Jukes stated that on May 29, 1839, he left Portugal Cove in a punt with four men “to visit Bell Isle”. They first landed at the Beach where Jukes climbed to the top of the

cliff overlooking the tickle.

They then started westward to make a circuit of the Island. Passing between it and the Bell at the north west corner, a perpendicular rock standing 100 feet above the water at a distance of 60 feet from the main island (which derives its name from it) they were rowing down the north side when a tick fog set in. Their journey had to be completed against a strong north-east wind and swell. Visibility was reduced to nil, preventing the experienced eye of the geologist from noticing the unmistakable red outcrops in the cliffs which proclaim the presence of iron ore.

In June he hired a small ketch of thirty-seven tons in St. John’s for a cruise in Conception Bay. They rounded Cape St. Francis on the 17th but were unable to reach Portugal Cove because of a strong southwest breeze. Approaching Bell Island they saw “a float of fishing vessels” rounding it and anchoring under its lee. They tried to get near enough to the island to anchor but were

unable to do so and had to run for shelter at harbour grace. From there Jukes made a tour around the Head of the Bay, several vantage points including the Butterpot at Holyrood, an outstanding landmark 750 feet high from where an excellent view of Conception Bay is obtained. He also visited Kelly's Island where he found a number of workmen engaged in quarrying stone for the proposed Roman Catholic Cathedral (the present Basilica in St. John's).

The discovery of iron ore finally came in 1893. It brought a complete change in the economic and social life of the people of Bell Island, as well as huge influx of new residents. In this article an attempt has been made to trace the early history of the Island and to describe the pastoral existence of its earlier settlers. The changes and developments that came with mining form another story which lies outside the scope of this submission. THE END.

Submitted by Don Squires

We now challenge any

individual or group of individuals to submit an article on the existence of Bell Island during the Mining Period. After this article should one be submitted we would like to see an article on present day Bell Island, and then perhaps one predicting a future for Bell Island. We know there are great story tellers out there so start writing or look up some of your old writings and submit them to us. Thank you.

A Dog's Prayer

Treat me kindly, my beloved master for no heart in all the world is more grateful for kindness than the loving heart of me.

Do not break my spirit with a stick for though I should lick your hand between the blows, your patience and understanding will more quickly teach me the things you would have me do.

Speak to me often, for your voice is the world's sweetest music as you must know by the fierce wagging of my tail

when your footstep falls upon my waiting ear.

When it is cold and wet, please take me inside for I am now a domesticated animal, no longer used to bitter elements.

And I ask no greater glory than the privilege of sitting at your feet beside the hearth.

Though had you no home, I would rather follow you through ice and snow than rest upon the softest pillow in the warmest home in all the land, for you are my god and I am your devoted worshipper.

Keep my pan filled with fresh water, For although I should not reproach you were it dry. I cannot tell you when I suffer thirst. Feed me clean food, that I may stay well, to romp and play and do your bidding to walk by your side, and able to protect you with my life, should your life be in danger.

And beloved master, should the great master see fit to deprive me of my health or sight, do not turn

me away from you.

Rather hold me gently in
our arms and skilled hands
grant me the merciful boon
of eternal rest and I will
leave you knowing with the
last breath I drew, my fate
was ever safest in your
hands

***DRINKING IS NO
ANSWER TO LIFE'S
DIFFICULTIES***

We drank for happiness and
became unhappy.

We drank for joy and
became miserable.

We drank for sociability
and became argumentative.

We drank for sophistication
and became obnoxious.

We drank for friendship and
made enemies.

We drank for sleep and
awakened without rest.

We drank for strength and
felt weak.

We drank "Medicinally"
and acquired health
problems.

We drank for relaxation and
got the shakes.

We drank to make
conversation easier and
slurred our speech.

We drank to feel heavenly
and ended up feeling like
hell.

We drank to forget and
were forever haunted.

We drank for freedom and
became slaves.

We drank to erase
problems and saw them
multiply.

We drank to cope with life
and invited death.

AUTHOR UNKNOWN

JUST LIKE HIS DAD

"Well what are you going
to be my boy when you
have reached manhood's
years:

A doctor, a lawyer, or actor
great, moving throngs to
laughter and tears?"

But he shook his head, as
he gave reply in the serious
way he had:

"I don't think I'd care to be
any of them: I want to be
like my dad".

He wants to be like his

dad! You men, did you
ever think, as you pause,
That every boy who
watches your every move
is building a set of laws?

He's moulding a life
you're the model for, and
whether it's good or bad
Depends on the kind of
example set to the boy
who'd be like his dad.

Would you have him go
everywhere you go? Have
him do just the things you
do?

And see everything that
your eyes behold, and woo
all the Gods you woo?

When you see the worship
that shines in the eyes of
your lovable little lad,
Could you rest content if
he gets his wish and grows
up to be like his dad?

AUTHOR UNKNOWN

***The Brighter Side -
Bell Island Number
585***

The poster in the dryhouse
Carried quite a punch
Today we talked it over
As we sat around for lunch

We talked about the
thirties

The Bell Island Policing Newsletter

When things were moving
slow
Engineers were mighty
scarce
And old timers ran the show

DOSCO then had full
control
And we got a squarer deal
When we overflowed the
market
With dominion iron and
steel

Stockpiles grew like
mountains
When the market failed
before
But we all stayed on the
payroll
And the wolf stayed from
the door.

We got two shifts in
Number Six
And some bonus from the
drags
When tycoons committed
suicide
And millionaires wore rags

With lunches wrapped in a
paper bag
And Haig bottles filled with
tea
We kept the big car rolling
Up the slopes of Number
Three

We tapped our boots with
belting
And from flour bags made

our jeans
With canvas caps and
carbide lamps
we drove down the
submarines

With heavy socks and pit
boots
The miners fished from
coves
And cut wood along the
“Wack Road”
To heat their kitchen stoves

We fenced in company
gardens
From Thirty-five to
Number Four
“Blackblues” and “Irish
Cobblers”
Sprang up from seams of
ore

Paydays were not very
much
But we spread our butter
thin
And when the game got
going
We still were sitting in

But now the game is over
They’re not playing any
more
We must wander like the
Nomads
Off to Galt and Labrador

I have an application form
Which I doubt that I can
fill
The highest grade I ever

made
Was up the “Dog’s Hole
Hill”

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I will find myself some felt nails
 When my shoes begin to wear
 There's a belt that spans the Island
 Straight to the Scotia Pier.

Submitted by Don Squires

Trivia Fun

Match wits with a friend or act as a team. The first set of questions is for team 1, the 2nd for team 2

TEAM 1:

1. Arthur Scammell is the author of what famous NL folk song?
2. What famous Newfoundlander was once known as "The Barrelman"?
3. In whose name did Sir Humphrey Gilbert claim Newfoundland in 1583?
4. What well-known Newfoundland word describes a person who brings bad luck?
5. What does the NL saying "Nofty was forty when he lost

6. What three letter word means the forward staysail of a sailboat?
7. Who first visited L'Anse aux Meadows?
8. Name the exact date that NL became a Canadian Province?
9. Who were the Boys of the Blue Puttees?
10. In what year did John Cabot discover Newfoundland?

TEAM 2:

1. Name the famous figure who established a medical mission at St. Anthony?
2. What does the NL expression "Douse the killock" mean?
3. What was the U.S. Air force Base in Stephenville called?
4. What was the name of the vessel that laid the first trans-Atlantic cable at Heart's Content?

5. At what place did John Guy set up the first official settlement in 1610?
6. Where or what, is the "kingkorn"?
7. During the 30's Depression years, England decreed that Newfoundlanders who needed assistance be paid how much per day?
8. Sir Cavendish Boyle was once Governor of Newfoundland. Yet he is best remembered for what?
9. What might be an excellent motto if fish had their own currency?
10. In what year did Sir Humphrey Gilbert take official possession of Newfoundland?

Answers Team 1:

1. Squid Jigging Ground
2. Joey Smallwood
3. Queen Elizabeth
4. Jinker
5. Never be sure of anything
6. Jib
7. Norsemen, Vikings
8. March 31, 1949
9. First 500 Royal Nfld. Regiment
10. 1497

Answers Team 2:

1. Sir Wilfred Grenfell
2. Throw the anchor overboard
3. Harmon
4. Great Eastern
5. Cupids
6. Adam's Apple
7. 6 cents a day
8. Ode to Newfoundland
9. In Cod we Trust
10. 1583.

Household Tips

These tips were found on the internet you might want to try them to see if they really do work!

Sealed envelope - Put in the freezer for a few hours, then slide a knife under the flap. The envelope can then be resealed.

Use Empty toilet paper roll to store appliance cords. It

keeps them neat and you can write on the roll what appliance it belongs to.

For icy door steps in freezing temperatures: get warm water and put Dawn dishwashing liquid in it. Pour it all over the steps. They won't refreeze.

Crayon marks on walls? This worked wonderfully! A damp rag, dipped in baking soda. Comes off with little effort (elbow grease that is!).

Permanent marker on appliances/counter tops (like store receipt BLUE!) rubbing alcohol on paper towel.

Whenever I purchase a box of S..O.S Pads, I immediately take a pair of scissors and cut each pad into halves. After years of having to throw away rusted and unused and smelly pads, I finally decided that this would be much more economical. And now a box of S.O.S pads last me indefinitely! In fact, I have noticed that the scissors get sharpened this way!

Blood stains on clothes? Not to worry! Just pour a little hydrogen peroxide on a cloth and proceed to wipe off every drop of blood. Works

every time!

Use vertical strokes when washing windows outside and horizontal for inside windows. This way you can tell which side has the streaks. Straight vinegar will get outside windows really clean. Don't wash windows on a sunny day. They will dry too quickly and will probably streak. Spray a bit of perfume on the lightbulb in any room to create a lovely light scent in each room when the light is turned on.

Place fabric softener sheets in dresser drawers and your clothes will Smell freshly washed for weeks to come. You can also do this with towels and linen.

Candles will last a lot longer if placed in the freezer for at least 3 hours prior to burning.

To clean artificial flowers, pour some salt into a paper bag and add the flowers. Shake vigorously as the salt will absorb all the dust and dirt and leave your artificial flowers looking like new! Works like a charm!

To easily remove burnt on food from your skillet, simply add a drop or two of dish soap and enough water to cover bottom of pan, and bring to a boil on stovetop.

Spray your TUPPERWARE with nonstick cooking spray before pouring in tomato based sauces and there won't be any stains.

Wrap celery in aluminum foil when putting in the refrigerator and it Will keep for weeks.

When boiling corn on the cob, add a pinch of sugar to help bring out the corn's natural sweetness.

Cure for headaches: Take a lime, cut it in half and rub it on your forehead. The throbbing will go away.

Don't throw out all that leftover wine: Freeze into ice cubes for future use in casseroles and sauces. Left over wine? What's that?!

To get rid of itch from mosquito bites, try applying soap on the area And you will experience instant relief.

Ants, ants, ants everywhere Well, they are said to never

cross a chalk line. So get your chalk out and draw a line on the floor or wherever ants tend to march. See for yourself.

Use air-freshener to clean mirrors. It does a good job and better still, leaves a lovely smell to the shine.

When you get a splinter, reach for the scotch tape before resorting to tweezers or a needle. Simply put the scotch tape over the splinter, then pull it off. Scotch tape removes most splinters painlessly and easily.

Now look what you can do with Alka Seltzer. Clean a toilet. Drop in two Alka Seltzer tablets, ait twenty minutes, brush and flush. The citric acid and effervescent action clean vitreous China.

Clean a vase. To remove a stain from the bottom of a glass vase or cruet, fill with water and drop in two Alka Seltzer tablets.

Polish jewelry. Drop two Alka Seltzer tablets into a glass of water and immerse the jewelry for two minutes.

Clean a thermos bottle. Fill the bottle with water, drop

in four Alka Seltzer tablets, and let soak for an hour (or longer, if necessary).

Unclog a drain. Clear the sink drain by dropping three Alka Seltzer Tablets down the drain followed by a cup of Heinz White Vinegar. Wait a few minutes, then run the hot water.

Court News

This charge was accidentally not listed in our newsletter to date:

On 2004-12-11, a 44 year old male from Bell Island was arrested and charged with one count of Assault after an altercation at his girlfriend's residence on the Ridge. This male has appeared in court on 2005-01-13 and 2005-02-02. His plea has been set aside each time and his next court appearance is 2005-03-30.

A trial date in Supreme Court has been set for 2005-04-11 for a 21 year old male charged with Assault Causing Bodily Harm, Breach and Enter, Mischief and Breach of Probation. The co-accused,

a 43 year old male and his 23 year old son from the Green are to appear in court to enter a plea on 2005-03-01. The 23 year old was also charged with Assault Causing Bodily Harm, Breach and Enter, Mischief and Breach of Probation. The 43 year old male was charged with Assault Causing, Break and Enter, Mischief and Assault. These charges stemmed from a 2003-03-08 incident in the East End residence of the 30 year old victim.

On 2005-01-10, the Crown stayed a charge of Uttering Threats for a 17 year old male from the East End. The charge resulted from an incident outside the teen dance at the Heritage Hall on 2004-10-22. The matter has now been referred to the Alternative Measures Program.

On 2005-01-13, a 42 year old female from Wabana was arrested and charged with Assault, Causing a Disturbance and Public Mischief (Making a false complaint to police) after an incident that date at a friend's house. The plea date is set for 2005-03-30.

On 2005-01-31, a 43 year old male from the Valley, charged with one count of Impaired Driving and one count of Failing to Provide a Breath Sample appeared in court. The charges arise from an ATV accident that occurred on 2004-10-24 near the intersection of Iron Ore road and No. 2 Road. A guilty plea was entered to the charge of Impaired Driving and the charge of Failing to Provide a Breath Sample was withdrawn. A one year Driving Prohibition was issued along with a \$600 fine and a \$90 Victim Fine Surcharge.

On 2005-02-01 and 2005-02-16, a 24 year old Wabana male, charged with two counts of Assault, one count of Mischief and one count of Uttering Threats, from a 2004-10-01 incident at a residence on the Ridge appeared in court. A guilty plea was entered on the last court date for the Mischief and Assault charges and he received a Suspended Sentence and two years on Probation. The Uttering Threats charge was withdrawn.

On 2005-02-02, a 30 year old male from the East End, charged with Cruelty to

Animals, appeared in court. The charge arose from two separate incidents on 2004-11-09 in the East End. The matter has been set aside until 2005-03-30.

On 2005-02-04, a 21 year old male from St. John's appeared in court for one charge of Breach and Probation from a 2004-05-09 incident on The Ridge. The matter has been set aside to 2005-03-16.

On 2005-02-04, a 25 year old Wabana male charged with Break and Enter into Belle's Bar on 2004-11-15 and Possession of a Controlled Substance from a 2004-10-13, search of his residence on Bennett Street appeared in court. A guilty plea was entered on the charge of Break and Enter and the plea for the drug charge has been set aside until 2005-03-28. A pre-sentence report has been ordered for the Break and Enter charge and will be submitted to the judge on 2005-03-28.

On 2005-02-08, a 23 year old male from The Green appeared in court for trial for a charge of Breach of Probation. The judge

dismissed the charge.

On 2005-02-08, a 32 year old woman from West Mines, charged with 9 counts of fraud by having in her possession/using credit card data, appeared in court. These incidents occurred in July, 2004 at two different Bell Island businesses. The accused plead guilty to three of the charges and the remaining six charges were withdrawn. The accused received a Suspended Sentence, one year Probation and was ordered to pay \$826 in restitution to one of the businesses. The other business had already recovered its merchandise.

On 2005-02-10, a 49 year old male from West Mines charged with Assault from a April 9th, 2004 incident at Casa Mia Apartments, appeared in court for trial. The charge was dismissed.

On 2005-02-10, a 42 year old male from the East End, appeared in court on a charge of Impaired Driving on an ATV on Bennett Street on 2004-05-01. The trial was set to proceed this date but was rescheduled to 2005-05-19.

On 2005-02-10, a 24 year

old East End male appeared in court from a 2004-10-04 incident at his parent's residence. He was charged with Mischief and Possession of a Controlled Substance. The matter was set aside until 2005-03-02.

This same 24 year old male also appeared in court on a charge of Assault and a charge of Mischief from a May 19th, 2004 incident at the medical clinic. Those charges were also set aside until 2005-02-10.

On 2005-02-14, a 26 year old male from St. John's, charged with Assault With a Weapon and Causing a Disturbance from a June 29, 2004 incident outside West Mines Sports Bar and his father's West Mines residence attended court. The matter was set aside until 2005-03-17.

Thank You

Many thanks to all the businesses who are kind enough to allow the newsletter to be displayed for pick-up.

The newsletter is also available on the internet at

website:
www.bellisland.net

Thanks to Reg Durdle for his help in doing this and for the excellent job he does on the website.

Closing

If you have any comments, concerns, or questions about the newsletter please contact us Cpl. Boyd Merrill at boyd.e.merrill@rcmp-grc.gc.ca or Cst. Colleen Noble at colleen.noble@rcmp-grc.gc.ca. We can also be reached at the RCMP Detachment at 116 Memorial Street. or (709) 488-3312.

